

Town of Lakeshore's
LIVE RIGHT NOW
COMMUNITY HEALTH CHALLENGE
invites you to join us for the
"Walking Daily for Better Health"
Challenge

Starts Monday, February 6th @ 9:00am
and every weekday morning rain or shine
at the Lakeview Park



Join Deputy Mayor Al Fazio
Community Ambassador for this challenge where
he will share his success story on how he
changed his lifestyle towards better health!

(Meet at the Parking lot directly behind the Park Sign)

Free In motion shirt and pedometer for those who
will participate in this challenge.

Visit www.liverightnow.ca and help support Lakeshore by liking
us on Facebook and or sharing with your group of friends

Contact Recreation Services @ 519-727-0470 for all inquiries