

Pickleball!



PUCE SPORTS AND LEISURE COMMUNITY CENTRE 962 Old Tecumseh Road, Puce

(near the Puce River bridge) (former Puce Public School)

**Tuesday and Friday mornings @ 10am to 12am - gymnasium
\$2.00 per session –drop in only, no instructor on site**

Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball, similar to a whiffle ball and composite paddles. It is easy for beginners to learn but can develop into a quick, fast-paced competitive game for experienced players. All ages can partake in the sport and the rules are very similar to tennis.

Why the name pickleball? The sport was started on the west coast and named after a dog named “Pickles” who “stole” the ball and hid it in the bushes (when it was played out-of-doors.)

What to wear! Light weight clothing and running or court shoes. Paddles can be purchased from Recreation Services but are available on site for use.

Get active, Feel better, Look better, Your Health is so Valuable!



Contact Recreation Services at 519-727-0470 to register. Accepting registration on the scheduled dates shown above also

